

ASSEMBLY BILL

No. 513

Introduced by Assembly Member De Leon

February 24, 2009

An act to add Section 1367.625 to the Health and Safety Code, and to add Section 10123.875 to the Insurance Code, relating to health care coverage.

LEGISLATIVE COUNSEL'S DIGEST

AB 513, as introduced, De Leon. Health care coverage: breast-feeding.

Existing law, the Knox-Keene Health Care Service Plan Act of 1975 (Knox-Keene Act), provides for the licensure and regulation of health care service plans by the Department of Managed Health Care and makes a willful violation of that act a crime. Existing law also provides for the regulation of health insurers by the Department of Insurance. Under existing law, health care service plans and health insurers are required to offer specified types of coverage as part of their health care service plan contracts or health insurance policies. Existing law imposes specified requirements upon a health care service plan contract or health insurance policy that provides maternity coverage.

This bill would require a health care service plan and a health insurer to include coverage for lactation consultation and for the rental of breast pumps as part of their health care service plan contracts or health insurance policies that provide maternity coverage.

Because this bill would specify additional requirements under the Knox-Keene Act, the willful violation of which would be a crime, it would impose a state-mandated local program.

The California Constitution requires the state to reimburse local agencies and school districts for certain costs mandated by the state. Statutory provisions establish procedures for making that reimbursement.

This bill would provide that no reimbursement is required by this act for a specified reason.

Vote: majority. Appropriation: no. Fiscal committee: yes.
State-mandated local program: yes.

The people of the State of California do enact as follows:

- 1 SECTION 1. The Legislature finds and declares the following:
- 2 (a) Breast-feeding significantly reduces children’s risk for
- 3 chronic diseases, such as diabetes, asthma, allergies, and infections
- 4 in the gastrointestinal, urinary, and respiratory tracts. Breast-fed
- 5 children have fewer visits to the doctor’s office, fewer days of
- 6 hospitalization, and take fewer medications than children who
- 7 were formula-fed. Research provides strong evidence that
- 8 breast-feeding decreases the incidence or severity of diarrhea,
- 9 lower respiratory infection, otitis media, bacteremia, bacterial
- 10 meningitis, botulism, and necrotizing enterocolitis. There are a
- 11 number of studies that show a possible protective effect of
- 12 exclusive breast-feeding against sudden infant death syndrome
- 13 (SIDS), insulin-dependent diabetes mellitus, Crohn’s disease,
- 14 ulcerative colitis, lymphoma, allergic diseases, and other chronic
- 15 digestive diseases. Breast-feeding has also been related to possible
- 16 enhancement of cognitive development and a decreased chance
- 17 of obesity in childhood and adulthood. Studies show that
- 18 breast-feeding also reduces the mother’s risk for type 2 diabetes
- 19 and breast and ovarian cancers.
- 20 (b) All major health organizations recommend that babies get
- 21 no other food or drink besides breast milk for the first six months
- 22 of their life, with continued breast-feeding for at least the first one
- 23 to two years of life, as long as it is mutually desired. Exclusive
- 24 breast-feeding for three months has been shown to reduce health
- 25 care costs for infants in the first year of life alone by up to four
- 26 hundred seventy-five dollars (\$475), compared to nonbreast-fed
- 27 infants.
- 28 (c) Lactation consultation provided by an international board
- 29 certified lactation consultant (IBCLC) has been shown to help

1 women address the difficulties with breast-feeding and can assist
2 with the initiation and continuance of breast-feeding.

3 (d) Therefore, it is essential to clarify that all health coverage
4 made available to California consumers that provides maternity
5 coverage, whether issued by health care service plans regulated
6 by the Department of Managed Health Care or by health insurers
7 regulated by the Department of Insurance, shall include coverage
8 for lactation consultation by an international board certified
9 lactation consultant (IBCLC) and coverage for the rental of breast
10 pumps.

11 SEC. 2. Section 1367.625 is added to the Health and Safety
12 Code, to read:

13 1367.625. Every health care service plan contract, except a
14 specialized health care service plan contract, that provides
15 maternity coverage, and that is issued, amended, renewed, or
16 delivered on or after January 1, 2010, shall provide coverage for
17 lactation consultation with an international board certified lactation
18 consultant (IBCLC) and for the rental of breast pumps.

19 SEC. 3. Section 10123.875 is added to the Insurance Code, to
20 read:

21 10123.875. Every policy of health insurance that provides
22 maternity coverage, and that is issued, amended, renewed, or
23 delivered on or after January 1, 2010, shall provide coverage for
24 lactation consultation with an international board certified lactation
25 consultant (IBCLC) and for the rental of breast pumps.

26 SEC. 4. No reimbursement is required by this act pursuant to
27 Section 6 of Article XIII B of the California Constitution because
28 the only costs that may be incurred by a local agency or school
29 district will be incurred because this act creates a new crime or
30 infraction, eliminates a crime or infraction, or changes the penalty
31 for a crime or infraction, within the meaning of Section 17556 of
32 the Government Code, or changes the definition of a crime within
33 the meaning of Section 6 of Article XIII B of the California
34 Constitution.